Optimization Theory and Algorithm

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# 1 Accelerate Gradient Descent

What is the fastest convergence speed of an optimization algorithm? We should know the lower bound

$$O(T^s) \le f(\mathbf{x}^T) - f^* \le O(T^s).$$

Then the optimal convergence speed is  $O(T^s)$ .

**Theorem 1** [Nesterov, 1998] Let  $T \leq \frac{n-1}{2}$ ,  $\beta > 0$ . Then there exists a  $\beta$ -smooth convex quadratic f such that any black-box method stasifies

$$\min_{1 \le t \le T} f(\mathbf{x}^t) - f^* \ge \frac{3\beta \|\mathbf{x}^0 - \mathbf{x}^*\|^2}{32(1+T)^2}.$$
(1)

This means we have a chance to make an algorithm to achieve the convergence rate  $O(T^{-2})$ .

This is called the *accelerate (proximal) gradient descent* algorithm:

- Initial:  $y^1 = x^0, a_1 = 1$  and t = 1.
- Step 1:

$$\mathbf{x}^{t} = \mathbf{y}^{t} - \frac{1}{\beta} \nabla f(\mathbf{y}^{t}) \text{ or } \mathbf{x}^{t} = prox_{g/\beta} (\mathbf{y}^{t} - \frac{1}{\beta} \nabla f(\mathbf{y}^{t})).$$
(2)

• Step 2:

$$a_{t+1} = \frac{1 + \sqrt{1 + 4a_t^2}}{2}.$$
(3)

• Step 3:

$$\mathbf{y}^{t+1} = \mathbf{x}^t + \frac{a_t - 1}{a_{t+1}} \underbrace{(\mathbf{x}^t - \mathbf{x}^{t-1})}_{momentum}.$$
(4)

Let us recall the inequality Theorem, take  $\gamma = 1/\beta$  and change the position of **x** and **y**. We obtain the following proposition.

### Proposition 1

$$h(\mathbf{x}) \ge h(\mathbf{x}^{+}) + \beta \langle \mathbf{y} - \mathbf{x}^{+}, \mathbf{x} - \mathbf{y} \rangle + \frac{\beta}{2} \|\mathbf{y} - \mathbf{x}^{+}\|^{2},$$
(5)  
where  $\mathbf{x}^{+} = prox_{g/\beta}(\mathbf{y} - 1/\beta \nabla f(\mathbf{y})) = \arg\min_{\mathbf{x}} \left\{ \frac{\beta}{2} \|\mathbf{x} - (\mathbf{y} - 1/\beta \nabla f(\mathbf{y}))\|^{2} + g(\mathbf{x}) \right\}.$ 

Lemma 1 For any vector **a**, **b**, it has

$$\|\mathbf{a}\|^{2} + \|\mathbf{b}\|^{2} + 2\langle \mathbf{a}, \mathbf{b} \rangle = \|\mathbf{a}\|^{2} + \|\mathbf{b}\|^{2} + 2\|\mathbf{a}\|\|\mathbf{b}\|\cos \langle \mathbf{a}, \mathbf{b} \rangle = \|\mathbf{a} + \mathbf{b}\|^{2}.$$
 (6)

**Lemma 2** Let  $\{c_t, b_t\}$  be positive sequences of reals satisfying  $c_t - c_{t+1} \ge b_{t+1} - b_t$  for any  $t \ge 1$ , with  $c_1 + b_1 \le c, c > 0$ , then  $c_t \le c, \forall t \ge 1$ .

**Proof 1** By induction.

**Lemma 3** The sequences  $\{\mathbf{x}^t, \mathbf{y}^t\}$  generated via FISTA with the constant step size  $1/\beta$ , then for every  $t \ge 1$ ,

$$a_t^2 v_t - a_{t+1}^2 v_{t+1} \ge \frac{\beta}{2} (\|\mathbf{u}^{t+1}\|^2 - \|\mathbf{u}^t\|^2),$$
(7)

where  $v_t = h(\mathbf{x}^t) - h^*$  and  $\mathbf{u}^t = a_t \mathbf{x}^t - (a_t - 1)\mathbf{x}^{t-1} - \mathbf{x}^*$ .

**Proof 2** Based on (5), let  $\mathbf{x} = \mathbf{x}^t, \mathbf{y} = \mathbf{y}^{t+1}$ , then  $\mathbf{x}^+ = \mathbf{x}^{t+1}$ . So,

$$h(\mathbf{x}^t) \ge h(\mathbf{x}^{t+1}) + \beta \langle \mathbf{y}^{t+1} - \mathbf{x}^{t+1}, \mathbf{x}^t - \mathbf{y}^{t+1} \rangle + \frac{\beta}{2} \|\mathbf{y}^{t+1} - \mathbf{x}^{t+1}\|^2.$$

That is

$$h(\mathbf{x}^{t}) - h^{*} \ge h(\mathbf{x}^{t+1}) - h^{*} + \beta \langle \mathbf{y}^{t+1} - \mathbf{x}^{t+1}, \mathbf{x}^{t} - \mathbf{y}^{t+1} \rangle + \frac{\beta}{2} \|\mathbf{y}^{t+1} - \mathbf{x}^{t+1}\|^{2},$$

and

$$\frac{2}{\beta}(v_t - v_{t+1}) \ge 2\langle \mathbf{y}^{t+1} - \mathbf{x}^{t+1}, \mathbf{x}^t - \mathbf{y}^{t+1} \rangle + \|\mathbf{y}^{t+1} - \mathbf{x}^{t+1}\|^2.$$
(8)

By the same way, let  $\mathbf{x} = \mathbf{x}^*, \mathbf{y} = \mathbf{y}^{t+1}$  in (5), it has

$$-\frac{2}{\beta}v_{t+1} \ge 2\langle \mathbf{y}^{t+1} - \mathbf{x}^{t+1}, \mathbf{x}^* - \mathbf{y}^{t+1} \rangle + \|\mathbf{y}^{t+1} - \mathbf{x}^{t+1}\|^2.$$
(9)

Let Eq.(8)× $(a_{t+1} - 1) + Eq.(9)$ , we have

$$\frac{2}{\beta}[(a_{t+1}-1)v_t - a_{t+1}v_{t+1}] \ge 2\langle \mathbf{x}^{t+1} - \mathbf{y}^{t+1}, a_{t+1}\mathbf{y}^{t+1} - (a_{t+1}-1)\mathbf{x}^t - \mathbf{x}^*\rangle + a_{t+1}\|\mathbf{y}^{t+1} - \mathbf{x}^{t+1}\|^2.$$
(10)

In addition, Step 2 of FASTA in (3) says that

$$a_{t+1}^2 - a_{t+1} = a_t^2. (11)$$

Thus,  $Eq.(10) \times a_{t+1}$  with Lemma 1 is

$$\frac{2}{\beta}[a_t^2 v_t - a_{t+1}^2 v_{t+1}] \ge 2\langle \mathbf{x}^{t+1} - \mathbf{y}^{t+1}, a_{t+1}^2 \mathbf{y}^{t+1} - a_t^2 \mathbf{x}^t - \mathbf{x}^* \rangle + a_{t+1}^2 \|\mathbf{y}^{t+1} - \mathbf{x}^{t+1}\|^2$$
(12)

$$\geq \|a_{t+1}\mathbf{x}^{t+1} - (a_{t+1} - 1)\mathbf{x}^t - \mathbf{x}^*\|^2 + \|a_{t+1}\mathbf{y}^{t+1} - (a_{t+1} - 1)\mathbf{x}^t - \mathbf{x}^*\|^2$$
(13)

$$= \|\mathbf{u}^{t+1}\|^2 - \|\mathbf{u}^t\|^2.$$
(14)

**Theorem 2** [Beck and Teboulle, 2009] Let  $\{\mathbf{x}^t, \mathbf{y}^t\}$  be generated by AGD or FISTA. Then for any  $T \ge 1$ ,

$$h(\mathbf{x}^{T}) - h^{*} \le \frac{2\beta \|\mathbf{x}^{0} - \mathbf{x}^{*}\|^{2}}{(1+T)^{2}}.$$
(15)

**Proof 3** According Lemma 2, let  $c_t = \frac{2}{\beta}a_t^2 v_t$ ,  $b_t = \|\mathbf{u}^t\|^2$ , and  $c = \|\mathbf{y}^1 - \mathbf{x}^*\|^2 = \|\mathbf{x}^0 - \mathbf{x}^*\|^2$ . Then Lemma 3 implies  $c_t - c_{t+1} \ge b_{t+1} - b_t$ .

Furthermore, let  $\mathbf{x} = \mathbf{x}^*, \mathbf{y} = \mathbf{y}^1$  in (5), then

$$\begin{split} h^* - h(\mathbf{x}^1) &\geq \frac{\beta}{2} \|\mathbf{x}^1 - \mathbf{y}^1\|^2 + \beta \langle \mathbf{y}^1 - \mathbf{x}^*, \mathbf{x}^1 - \mathbf{y}^1 \rangle \\ &= \frac{\beta}{2} (\|\mathbf{x}^1 - \mathbf{x}^*\|^2 - \|\mathbf{y}^1 - \mathbf{x}^*\|^2). \end{split}$$

This indicates  $c_1 + b_1 \leq c$ , where  $c_1 = \frac{2}{\beta}v_1$  and  $b_1 = \|\mathbf{x}^1 - \mathbf{x}^*\|^2$ . Thus, for any T > 0, it has

$$v_T \le \frac{\beta \|\mathbf{x}^0 - \mathbf{x}^*\|^2}{2a_T^2}.$$
 (16)

By the induction method, we have justify that  $a_t \geq \frac{t+1}{2}, \forall t \geq 1$ . So,

$$h(\mathbf{x}^T) - h^* \le \frac{2\beta \|\mathbf{x}^0 - \mathbf{x}^*\|^2}{(1+T)^2}$$

## 2 Newton-Raphson Method

### 2.0.1 Motivation

Think about what GD is? Let us consider the first order Taylor approximation of  $f(\mathbf{x} + \mathbf{d})$  around at  $\mathbf{x}$  is

$$f(\mathbf{x} + \mathbf{d}) \approx f(\mathbf{x}) + \langle \nabla f(\mathbf{x}), \mathbf{d} \rangle.$$

We need  $f(\mathbf{x} + \mathbf{d}) \leq f(\mathbf{x})$ , so the quantity of  $\langle \nabla f(\mathbf{x}), \mathbf{d} \rangle$  should be as negative as possible, then

$$\mathbf{d}_{\mathbf{x}}^* = \arg\min\{\langle \nabla f(\mathbf{x}), \mathbf{d} \rangle, \|d\| \le 1\}.$$
(17)

Based on Cauchy inequality, it has  $\mathbf{d}_{\mathbf{x}}^* = -\frac{\nabla f(\mathbf{x})}{\|f(\mathbf{x})\|}$ . We generalized this idea to the second-order Taylor approximation of  $f(\mathbf{x} + \mathbf{d})$  around  $\mathbf{x}$  is

$$f(\mathbf{x} + \mathbf{d}) \approx f(\mathbf{x}) + \langle \nabla f(\mathbf{x}), \mathbf{d} \rangle + \frac{1}{2} \mathbf{d}^{\top} \nabla^2 f(\mathbf{x}) \mathbf{d}.$$

So the quantity of  $\langle \nabla f(\mathbf{x}), \mathbf{d} \rangle + \frac{1}{2} \mathbf{d}^\top \nabla^2 f(\mathbf{x}) \mathbf{d}$  should be as negative as possible, then

$$\mathbf{d}_{\mathbf{x}}^{*} = \arg\min\{\langle \nabla f(\mathbf{x}), \mathbf{d} \rangle + \frac{1}{2}\mathbf{d}^{\top}\nabla^{2}f(\mathbf{x})\mathbf{d}\}.$$
(18)

Thus,  $\mathbf{d}^*$  should be the solution of the following Newton Equation,

$$\nabla^2 f(\mathbf{x})\mathbf{d} = -\nabla f(\mathbf{x}). \tag{19}$$

If  $\nabla^2 f(\mathbf{x}) \succ 0$ , then  $\mathbf{d}^*_{\mathbf{x}} = -(\nabla^2 f(\mathbf{x}))^{-1} \nabla f(\mathbf{x})$  is called *Newton direction*.

#### 2.0.2 Algorithm

The Newton-Raphson Algorithm is

$$\begin{aligned} \mathbf{d}^t &= -(\nabla^2 f(\mathbf{x}^t))^{-1} \nabla f(\mathbf{x}^t), \\ \mathbf{x}^{t+1} &= \mathbf{x}^t + \mathbf{d}^t. \end{aligned}$$

Actually, in numerical analysis, Newton's method, also known as the Newton–Raphson method, named after Isaac Newton and Joseph Raphson, is a *root-finding algorithm* which produces successively better approximations to the roots (or zeroes) of a real-valued function. In the optimization community, which root is to find by Newton-Raphson algorithm?

Let us consider the unconstrained optimization problem, and its optimality condition says that the local minimum satisfies  $\nabla f(\mathbf{x}) = 0$ . So, we need to solve the equation  $g(\mathbf{x}) := \nabla f(\mathbf{x}) = 0$ . How to do? See Figure 1. That is,



Figure 1: Newton-Raphson algorithm

$$g(\mathbf{x}^t) + \langle \nabla g(\mathbf{x}^t), \mathbf{x} - \mathbf{x}^t \rangle = 0, \text{(Secant Equation)},$$
  
$$\nabla f(\mathbf{x}^t) + \langle \nabla^2 f(\mathbf{x}^t), \mathbf{x} - \mathbf{x}^t \rangle = 0.$$

So,  $\mathbf{x}^{t+1} = \mathbf{x}^t - (\nabla^2 f(\mathbf{x}^t))^{-1} \nabla f(\mathbf{x}^t).$ 

**Example 1** Go back to LS problem,

$$\min_{\mathbf{x}} \frac{1}{2} \|A\mathbf{x} - \mathbf{b}\|^2$$

The NR algorithm is

$$\mathbf{x}^{t+1} = \mathbf{x}^t - (\nabla^2 f(\mathbf{x}^t))^{-1} \nabla f(\mathbf{x}^t)$$
$$= \mathbf{x}^t - (A^\top A)^{-1} A^\top (A \mathbf{x}^t - \mathbf{b})$$
$$= \mathbf{x}^t - \mathbf{x}^t + (A^\top A)^{-1} A^\top \mathbf{b}$$
$$= (A^\top A)^{-1} A^\top \mathbf{b} := \mathbf{x}^*.$$

## 2.1 Convergence

**Theorem 3** Suppose that  $f \in C^2$  and  $\nabla f(\mathbf{x}^*) = 0$  and  $\nabla^2 f(\mathbf{x}^*) \succ 0$ . In addition, there exsits an neighborhood of  $\mathbf{x}^*$ ,  $\mathcal{N}_{\delta}(\mathbf{x}^*)$  such that

$$\|\nabla^2 f(\mathbf{x}) - \nabla^2 f(\mathbf{y})\| \le L \|\mathbf{x} - \mathbf{y}\|, \forall \mathbf{x}, \mathbf{y} \in \mathcal{N}_{\delta}(\mathbf{x}^*),$$
(20)

then

- (1)  $\lim_{t\to\infty} \mathbf{x}^t = \mathbf{x}^*$  where  $\{\mathbf{x}^t\}_{t=1}^{\infty}$  is generated by Newton-Raphson iteration algorithm.
- (2) there exists a constant c such that

$$\|\mathbf{x}^{t+1} - \mathbf{x}^*\| \le c \|\mathbf{x}^t - \mathbf{x}^*\|^2.$$

(3) there exists a constant c' such that

$$\|\nabla f(\mathbf{x}^{t+1})\| \le c' \|\nabla f(\mathbf{x}^t)\|^2.$$

**Proof 4** According to the fact

$$\nabla f(\mathbf{x}^t) - \nabla f(\mathbf{x}^*) = \int_0^1 \nabla^2 f(\mathbf{x}^t + s(\mathbf{x}^* - \mathbf{x}^t))(\mathbf{x}^t - \mathbf{x}^*) ds,$$

 $it \ has$ 

$$\begin{split} \mathbf{x}^{t+1} - \mathbf{x}^* &= \mathbf{x}^t - (\nabla^2 f(\mathbf{x}^t))^{-1} \nabla f(\mathbf{x}^t) - \mathbf{x}^* \\ &= (\nabla^2 f(\mathbf{x}^t))^{-1} (\nabla^2 f(\mathbf{x}^t) (\mathbf{x}^t - \mathbf{x}^*) - \nabla f(\mathbf{x}^t)) \\ &= (\nabla^2 f(\mathbf{x}^t))^{-1} (\nabla^2 f(\mathbf{x}^t) (\mathbf{x}^t - \mathbf{x}^*) - (\nabla f(\mathbf{x}^t) - \nabla f(\mathbf{x}^*))) \\ &= (\nabla^2 f(\mathbf{x}^t))^{-1} \int_0^1 (\nabla^2 f(\mathbf{x}^t) - \nabla^2 f(\mathbf{x}^t + s(\mathbf{x}^* - \mathbf{x}^t))) (\mathbf{x}^t - \mathbf{x}^*) ds \end{split}$$

By the continuity of  $\nabla^2 f$ , there exist a constant r such that for any  $\mathbf{x} \in (f)$  satisfies  $\|\mathbf{x} - \mathbf{x}^*\| \leq r$ , then  $\|(\nabla^2 f(\mathbf{x}))^{-1}\| \leq 2\|(\nabla^2 f(\mathbf{x}^*))^{-1}\|$ . Thus, when  $\|\mathbf{x}^0 - \mathbf{x}^*\| \leq \min\{\delta, r, \frac{1}{2L\|\nabla^2 f(\mathbf{x}^*))^{-1}\|}\}$ , then

$$\begin{split} \|\mathbf{x}^{t+1} - \mathbf{x}^*\| &\leq \|(\nabla^2 f(\mathbf{x}^t))^{-1}\| \int_0^1 \|\nabla^2 f(\mathbf{x}^t) - \nabla^2 f(\mathbf{x}^t + s(\mathbf{x}^* - \mathbf{x}^t))\| \|\mathbf{x}^t - \mathbf{x}^*\| ds \\ &\leq 2\|(\nabla^2 f(\mathbf{x}^*))^{-1}\| \int_0^1 sL \|\mathbf{x}^t - \mathbf{x}^*\|^2 ds \\ &= L\|(\nabla^2 f(\mathbf{x}^*))^{-1}\| \mathbf{x}^t - \mathbf{x}^*\|^2. \end{split}$$

For the gradient,

$$\begin{split} \|\nabla f(\mathbf{x}^{t+1})\| &= \|\nabla f(\mathbf{x}^{t+1}) - \nabla f(\mathbf{x}^t) - \nabla^2 f(\mathbf{x}^t) \mathbf{d}^t\| \\ &= \|\int_0^1 (\nabla^2 f(\mathbf{x}^t + s \mathbf{d}^t) - \nabla^2 f(\mathbf{x}^t)) \mathbf{d}^t ds\| \\ &\leq \frac{L}{2} \|\mathbf{d}^t\|^2 \leq \frac{L}{2} \|(\nabla^2 f(\mathbf{x}^t))^{-1}\|^2 \|\nabla f(\mathbf{x}^t)\|^2 \\ &\leq 2L \|(\nabla^2 f(\mathbf{x}^*))^{-1}\|^2 \|\nabla f(\mathbf{x}^t)\|^2. \end{split}$$

**Remark 1** (1)  $\mathbf{x}^t \to \mathbf{x}^*$  is extremely fast, quadratic convergence rate.

- (2) We need a very good  $\mathbf{x}^0$ .
- (3)  $\nabla^2 f(\mathbf{x}^*) \succ 0.$
- (4) Every step we need compute a Newton equation. When n is really big, we cannot afford the computational complexity.
- (5)  $f(\mathbf{x}^{t+1}) \leq f(\mathbf{x}^t)$ ??? The algorithm is not stable (not decreasing).

In Example 1, we have seen that Newton-Raphson is extremely fast for strongly convex LS problem. Whenever the initial point is close to  $\mathbf{x}^*$  or not, one can archive the global minimum by one step. In this part, we will discuss the convergence property of NR-algorithm with line search for general  $\alpha$ -strongly convex and  $\beta$ -smooth objective function.

NR-Algorithm with line search as follows:

### Algorithm 1 Newton-Raphson Algorithm with Line Search

- 1: Input: Given a initial starting point  $\mathbf{x}^0 \in dom(f)$ , a tolerance  $\epsilon$  and t = 0. Let  $\lambda_t^2 = \nabla f(\mathbf{x}^t)^\top (\nabla^2 f(\mathbf{x}^t))^{-1} \nabla f(\mathbf{x}^t)$  be the Newton decrement at  $\mathbf{x}^t$ .
- 2: while  $\lambda_t^2/2 \ge \epsilon$  do
- 3: Backtracking line search a step size  $s_t$  such that

$$f(\mathbf{x}^t + s_t \mathbf{d}^t) \le f(\mathbf{x}^t) + cs_t \nabla f(\mathbf{x}^t)^\top \mathbf{d}^t,$$

where 0 < c < 1 and  $\mathbf{d}^t = (\nabla^2 f(\mathbf{x}^t))^{-1} \nabla f(\mathbf{x}^t)$ , 4:  $\mathbf{x}^{t+1} = \mathbf{x}^t + s_t \mathbf{d}^t$ , 5: t := t + 1. 6: end while 7: Output:  $\mathbf{x}^T$ , where T is the last step index.

**Theorem 4** Suppose that f is  $\alpha$ -strongly convex and  $\beta$ -smooth function, and

$$\|\nabla^2 f(\mathbf{y}) - \nabla^2 f(\mathbf{y})\| \le L \|\mathbf{y} - \mathbf{x}\|, \forall \mathbf{x}, \mathbf{y} \in dom(f).$$

Then, there exists numbers  $\eta$  and  $\gamma$  with  $0 < \eta \leq \alpha/\gamma$  and  $\gamma > 0$  such that the following arguments hold:

(1) If  $\|\nabla f(\mathbf{x}^t)\| \ge \eta$ ,

$$f(\mathbf{x}^{t+1}) - f(\mathbf{x}^t) \le -\gamma; \tag{21}$$

(2) If  $\|\nabla f(\mathbf{x}^t)\| \leq \eta$ , then the backtracking line search selects  $s_t = 1$ , and

$$\frac{L}{2\alpha^2} \|\nabla f(\mathbf{x}^{t+1})\| \le \left(\frac{L}{2\alpha^2} \|\nabla f(\mathbf{x}^t)\|^2\right).$$
(22)

Proof 5 Please see Page 489 of [Boyd et al., 2004].

## References

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