

## Lecture 9

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## 1 SGD

Non-convex and  $\beta$ -smooth objective functions:

SGD is a commonly accepted method for training deep neural networks, which are usually non-convex and smooth optimization problems. For GD, we have known that

$$\min_{0 \leq t \leq T-1} \|\nabla f(\mathbf{x}^t)\| = O\left(\frac{1}{\sqrt{T}}\right).$$

What about SGD?

**Theorem 1** (Fixed Learning Rate)

Suppose that A1 and A2 hold. Let  $s_t = s \in (0, 1/\beta]$ , then

$$\mathbb{E}\left[\frac{1}{T} \sum_{t=0}^{T-1} \|\nabla f(\mathbf{x}^t)\|^2\right] \leq s\beta\sigma^2 + \frac{2(f(\mathbf{x}^0) - f^*)}{Ts}.$$

**Proof 1** Based on the Lemma in Lecture 8,

$$\begin{aligned} \mathbb{E}_{i_t}[f(\mathbf{x}^{t+1}) - f(\mathbf{x}^t)] &\leq \frac{\beta s_t^2}{2} \sigma^2 - s_t \left(1 - \frac{\beta s_t}{2}\right) \|\nabla f(\mathbf{x}^t)\|^2, \\ &\leq \frac{\beta s^2}{2} \sigma^2 - \frac{s}{2} \|\nabla f(\mathbf{x}^t)\|^2. \end{aligned}$$

Take the expectation over all indices, then

$$\mathbb{E}[f(\mathbf{x}^{t+1}) - f(\mathbf{x}^t)] \leq \frac{\beta s^2}{2} \sigma^2 - \frac{s}{2} \mathbb{E}[\|\nabla f(\mathbf{x}^t)\|^2].$$

Thus,

$$f^* - f(\mathbf{x}^0) \leq \mathbb{E}[f(\mathbf{x}^T) - f(\mathbf{x}^0)] \leq -\frac{s}{2} \sum_{t=0}^{T-1} \mathbb{E}[\|\nabla f(\mathbf{x}^t)\|^2] + \frac{T s^2 \beta}{2} \sigma^2.$$

Then,

$$\mathbb{E}\left[\frac{1}{T} \sum_{t=0}^{T-1} \|\nabla f(\mathbf{x}^t)\|^2\right] \leq s\beta\sigma^2 + \frac{2(f(\mathbf{x}^0) - f^*)}{Ts}.$$

In addition, it has

$$\mathbb{E}\left[\min_{0 \leq t \leq T-1} \|\nabla f(\mathbf{x}^t)\|^2\right] \leq s\beta\sigma^2 + \frac{2(f(\mathbf{x}^0) - f^*)}{sT}.$$

**Remark 1** Consider for SGD,

$$\mathbb{E}\left[\min_{0 \leq t \leq T-1} \|\nabla f(\mathbf{x}^t)\|\right] = O\left(\sigma + \sqrt{\frac{1}{T}}\right). \quad (1)$$

For GD, we has

$$\min_{0 \leq t \leq T-1} \|\nabla f(\mathbf{x}^t)\| = O\left(\sqrt{\frac{1}{T}}\right). \quad (2)$$

**Theorem 2** (*Non-fixed Learning Rate*)

Suppose that A1 and A2 hold. Let  $s_t \in (0, 1/\beta]$  for all  $t$ , and  $\sum_t s_t = \infty, \sum_t s_t^2 < \infty$ . Then,

$$\mathbb{E}\left[\frac{1}{\sum_{t=0}^{T-1} s_t} \sum_{t=0}^{T-1} s_t \|\nabla f(\mathbf{x}^t)\|^2\right] \rightarrow 0,$$

as  $T \rightarrow \infty$ .

**Proof 2** *Similar to the previous theorem,*

$$\mathbb{E}_{i_t}[f(\mathbf{x}^{t+1}) - f(\mathbf{x}^t)] \leq \frac{\beta s_t^2}{2} \sigma^2 - \frac{s_t}{2} \|\nabla f(\mathbf{x}^t)\|^2.$$

Then, take the expectation over all indices, then

$$\mathbb{E}[f(\mathbf{x}^{t+1}) - f(\mathbf{x}^t)] \leq \frac{\beta s_t^2}{2} \sigma^2 - \frac{s_t}{2} \mathbb{E}[\|\nabla f(\mathbf{x}^t)\|^2].$$

Thus,

$$\mathbb{E}[f(\mathbf{x}^T) - f(\mathbf{x}^0)] \leq \frac{\beta \sigma^2}{2} \sum_{t=0}^{T-1} s_t^2 - \frac{1}{2} \sum_{t=0}^{T-1} s_t \mathbb{E}[\|\nabla f(\mathbf{x}^t)\|^2].$$

$$\begin{aligned} \frac{1}{2} \sum_{t=0}^{T-1} s_t \mathbb{E}[\|\nabla f(\mathbf{x}^t)\|^2] &\leq \mathbb{E}[f(\mathbf{x}^0) - f(\mathbf{x}^T)] + \frac{\beta \sigma^2}{2} \sum_{t=0}^{T-1} s_t^2 \\ &\leq f(\mathbf{x}^0) - f(\mathbf{x}^*) + \frac{\beta \sigma^2}{2} \sum_{t=0}^{T-1} s_t^2. \end{aligned}$$

Therefor,

$$\lim_{T \rightarrow \infty} \sum_{t=0}^{T-1} s_t \mathbb{E}[\|\nabla f(\mathbf{x}^t)\|^2] < \infty,$$

and

$$\mathbb{E}\left[\frac{1}{\sum_{t=0}^{T-1} s_t} \sum_{t=0}^{T-1} s_t \|\nabla f(\mathbf{x}^t)\|^2\right] \rightarrow 0.$$

Recall that, we have shown that GD for strong convex and smooth objective function has

$$\|\mathbf{x}^T - \mathbf{x}^*\|^2 = O(\exp(-T)), \text{ and } f(\mathbf{x}^T) - f(\mathbf{x}^*) = O(\exp(-T)).$$

What about SGD??

**Theorem 3** (*Fixed Learning Rate*)

Assume that A1, A2 and A3 holds and  $s_t = s \in (0, 1/\beta]$  for all  $t$ , then

$$\mathbb{E}[f(\mathbf{x}^T) - f^*] \leq \frac{s\beta\sigma^2}{2\alpha} + \exp(-\alpha s T)(f(\mathbf{x}^0) - f(\mathbf{x}^*)).$$

**Proof 3** Based on Lemmas in lecture 8

$$\begin{aligned}\mathbb{E}_{i_t}[f(\mathbf{x}^{t+1}) - f(\mathbf{x}^t)] &\leq \frac{\beta s_t^2}{2}\sigma^2 - s_t(1 - \frac{\beta s_t}{2})\|\nabla f(\mathbf{x}^t)\|^2, \\ &\leq \frac{\beta s_t^2}{2}\sigma^2 - \frac{s}{2}\|\nabla f(\mathbf{x}^t)\|^2 \\ &\leq \frac{\beta s_t^2}{2}\sigma^2 - \alpha s(f(\mathbf{x}^t) - f^*).\end{aligned}$$

Then,

$$\mathbb{E}_{i_t}[f(\mathbf{x}^{t+1}) - f^*] + f^* - f(\mathbf{x}^t) \leq \frac{\beta s_t^2}{2}\sigma^2 - \alpha s(f(\mathbf{x}^t) - f^*),$$

thus,

$$\mathbb{E}_{i_t}[f(\mathbf{x}^{t+1}) - f^*] \leq \frac{\beta s_t^2}{2}\sigma^2 + (1 - \alpha s)(f(\mathbf{x}^t) - f^*).$$

Moreover,

$$\begin{aligned}\mathbb{E}_{i_t}[f(\mathbf{x}^{t+1}) - f^*] - \frac{s\beta}{2\alpha}\sigma^2 &\leq \frac{\beta s_t^2}{2}\sigma^2 - \frac{s\beta}{2\alpha}\sigma^2 + (1 - \alpha s)(f(\mathbf{x}^t) - f^*) \\ &= (1 - \alpha s)(f(\mathbf{x}^t) - f^* - \frac{s\beta}{2\alpha}\sigma^2).\end{aligned}$$

Take all expectation for the indices, then

$$\mathbb{E}[f(\mathbf{x}^{t+1}) - f^*] - \frac{s\beta}{2\alpha}\sigma^2 \leq (1 - \alpha s)(\mathbb{E}[f(\mathbf{x}^t) - f^*] - \frac{s\beta}{2\alpha}\sigma^2).$$

Thus,

$$\begin{aligned}\mathbb{E}[f(\mathbf{x}^T) - f^*] &\leq \frac{s\beta}{2\alpha}\sigma^2 + (1 - \alpha s)^T(f(\mathbf{x}^0) - f^* - \frac{s\beta}{2\alpha}\sigma^2) \\ &\leq \frac{s\beta\sigma^2}{2\alpha} + \exp(-\alpha s T)(f(\mathbf{x}^0) - f(\mathbf{x}^*)).\end{aligned}$$

**Theorem 4** (SGD with diminishing learning rate)

Suppose that A1, A2 and A3 hold, and  $s_t$  satisfies  $\sum_t s_t = \infty$  and  $\sum_t s_t^2 < \infty$ . For example, we set  $s_t = \frac{\ell}{\gamma+t}$ ,  $\ell > 1/\alpha$ ,  $\gamma > 0$  and  $s_0 = \frac{\ell}{\gamma} \leq 1/\beta$ . Then

$$\mathbb{E}[f(\mathbf{x}^T) - f^*] \leq \frac{\nu}{\gamma + T}, \quad (3)$$

where  $\nu = \max\{\gamma(f(\mathbf{x}^0) - f^*), \frac{\ell^2\beta\sigma^2}{2(\ell\alpha-1)}\}$ .

**Proof 4** Based on lemmas in lecture 8 and fact  $1 - \frac{\beta s_t^2}{2} \leq 1 - \frac{\beta s_0^2}{2} = 1/2$ , then

$$\mathbb{E}_{i_t}[f(\mathbf{x}^{t+1}) - f(\mathbf{x}^t)] \leq \frac{\beta s_t^2}{2}\sigma^2 - \alpha s_t(f(\mathbf{x}^t) - f^*).$$

Then,

$$\mathbb{E}_{i_t}[f(\mathbf{x}^{t+1}) - f^*] \leq \frac{\beta s_t^2}{2}\sigma^2 + (1 - \alpha s_t)(f(\mathbf{x}^t) - f^*).$$

Take all expectations, it has

$$\mathbb{E}[f(\mathbf{x}^{t+1}) - f^*] \leq \frac{\beta s_t^2}{2}\sigma^2 + (1 - \alpha s_t)\mathbb{E}[f(\mathbf{x}^t) - f^*].$$

Let us prove the final results by induction, for  $t = 0$

$$\mathbb{E}[f(\mathbf{x}^0) - f^*] = \frac{\gamma}{\gamma + 0}(f(\mathbf{x}^0) - f^*) \leq \frac{\nu}{\gamma + 0},$$

by the definition of  $\nu$ .

Suppose that holds for  $t > 0$ , then

$$\begin{aligned} \mathbb{E}[f(\mathbf{x}^{t+1}) - f^*] &\leq \frac{\beta s_t^2}{2} \sigma^2 + (1 - \alpha s_t) \mathbb{E}[(f(\mathbf{x}^t) - f^*)] \\ &\leq \frac{\beta s_t^2}{2} \sigma^2 + (1 - \alpha s_t) \frac{\nu}{\gamma + t} \\ &= \frac{\beta \sigma^2 \ell^2}{2(\gamma + t)^2} + (1 - \frac{\alpha \ell}{\gamma + t}) \frac{\nu}{\gamma + t} \\ &= \frac{(\gamma + t - 1)\nu}{(\gamma + t)^2} - \frac{(\alpha \ell - 1)\nu}{(\gamma + t)^2} + \frac{\beta \sigma^2 \ell^2}{2(\gamma + t)^2}. \end{aligned}$$

Due to the facts

$$\frac{\beta \sigma^2 \ell^2}{2} - (\alpha \ell - 1)\nu \leq \frac{\beta \sigma^2 \ell^2}{2} - \frac{\beta \sigma^2 \ell^2 (\alpha \ell - 1)}{2(\ell \alpha - 1)} = 0,$$

and

$$(\gamma + t)^2 \geq (\gamma + t + 1)(\gamma + t - 1) = (\gamma + t)^2 - 1,$$

then

$$\begin{aligned} \mathbb{E}[f(\mathbf{x}^{t+1}) - f^*] &\leq \frac{(\gamma + t - 1)\nu}{(\gamma + t)^2} \\ &\leq \frac{\nu}{\gamma + t + 1}. \end{aligned}$$

**Remark 2** • From the result, we see that choosing a decreasing learning rate results in a sublinear convergence rate, which is worse than the SGD with constant learning rate. However, note that such a choice enables to reach any neighborhood of the optimal values.

- The similar result

$$\mathbb{E}[f(\mathbf{x}^T) - f^*] \leq O(\|\mathbf{x}^0 - \mathbf{x}^*\| \exp(-\frac{\alpha T}{\beta}) + \frac{\sigma^2}{\alpha^2 T})$$

can be found in [1].

- For only the convex function, SGD has the property

$$\mathbb{E}[f(\mathbf{x}^T) - f^*] = O(1/\sqrt{T}).$$

See Theorem 8.18 on Page 475 of Textbook.

### 1.0.1 Extensions

- Momentum Method:

$$\begin{aligned} \mathbf{x}^{t+1} &= \mathbf{x}^t + \mathbf{v}^{t+1}, \\ \mathbf{v}^{t+1} &= \mu_t \mathbf{v}^t - s_t \nabla f_{i_t}(\mathbf{x}^t). \end{aligned}$$

This means

$$\mathbf{x}^{t+1} = \mathbf{x}^t - s_t \nabla f_{i_t}(\mathbf{x}^t) + \underbrace{\mu_t (\mathbf{x}^t - \mathbf{x}^{t-1})}_{\text{momentum}}.$$

- Nesterov Accelerate Method:

$$\begin{aligned}\mathbf{y}^{t+1} &= \mathbf{x}^t + \mu_t(\mathbf{x}^t - \mathbf{x}^{t-1}), \\ \mathbf{x}^{t+1} &= \mathbf{y}^{t+1} - s_t \nabla f_{i_t}(\mathbf{y}^{t+1}).\end{aligned}$$

This means

$$\mathbf{x}^{t+1} = \mathbf{x}^t - s_t \nabla f_{i_t}(\mathbf{y}^{t+1}) + \underbrace{\mu_t(\mathbf{x}^t - \mathbf{x}^{t-1})}_{\text{momentum}}$$

and  $\mu_t = \frac{t-1}{t+2}$ .

- AdaGrad:

$$\begin{aligned}\mathbf{x}^{t+1} &= \mathbf{x}^t - \frac{s_t}{\sqrt{G^t + \epsilon \mathcal{K}_n}} \otimes \mathbf{g}^t, \\ G^{t+1} &= G^t + \mathbf{g}^t \otimes \mathbf{g}^t,\end{aligned}$$

where  $\mathbf{g}^t = \nabla f_{i_t}(\mathbf{x}^t)$ .

- RMSProp:

$$\begin{aligned}\mathbf{x}^{t+1} &= \mathbf{x}^t - \frac{s_t}{R^t} \otimes \mathbf{g}^t, \\ M^{t+1} &= \rho M^t + (1 - \rho) \mathbf{g}^t \otimes \mathbf{g}^t, \\ R^{t+1} &= \sqrt{M^{t+1} + \epsilon \mathcal{K}_n}.\end{aligned}$$

- Adam:

$$\begin{aligned}S^{t+1} &= \rho_1 S^t + (1 - \rho_1) \mathbf{g}^t, \\ M^{t+1} &= \rho_2 M^t + (1 - \rho_2) \mathbf{g}^t \otimes \mathbf{g}^t, \\ \mathbf{x}^{t+1} &= \mathbf{x}^t - \frac{s_t}{\sqrt{\widetilde{M}^t + \epsilon \mathcal{K}_n}} \otimes \widetilde{S}^t,\end{aligned}$$

where  $\widetilde{S}^t = \frac{S^t}{1 - \rho_1}$  and  $\widetilde{M}^t = \frac{M^t}{1 - \rho_2}$ .

## References

- [1] Sebastian U Stich. Unified optimal analysis of the (stochastic) gradient method. *arXiv preprint arXiv:1907.04232*, 2019.